



Revolution

Newsletter 1: 2012

Term Commences Mon 6th Feb

End of 2011:

Well what a busy year, we have watched the club grow and expand into Brighton and Oakleigh where we now teach as a club in full uniform and grading syllabus. We have seen members come, go, move and have babies.

We have continued to support the Active After School Programs and philosophy of getting more children active and trying new and varied sports. Thankyou George, Melinda and Dave for your support in these programs. We have been written up twice in the Sports Commission news reports distributed Australia wide and our Darius Dekker received a super mention in one of them!

Members have competed and taken away medals at every event Revolution fronted up for. Thankyou to Kon for all of his training, especially with our fighters.

Ray and I would also like to thank all the parents who support their kids and the many hours of training and hard work they put in. It is their journey but your support adds to their confidence, progress and success. We have a few parents now that must be ready for their honorary black belt after all the hours and knowledge they have accumulated on the benches.

Congratulations to the many adults and children that received their black belt's over the year. It is always a difficult accomplishment achieved only through hard work and discipline, but once achieved always owned. We are proud of each and every one of you! December saw the largest junior black belt grading to be held.

Term 1 Important Dates

ALL CLASSES commence Monday Feb 6th

Moomba Open competition March 10

Last Training day of Term Thursday 22nd March

Belt Grading Saturday March 24th

*Bongsul grading dates to be confirmed

*More details will be on notices up at the club

Time Table: **Bentleigh**

Mon -	9.30-10.30	- Adult grading class
	5 - 6 pm	- Junior grading all belts class & - RAPTOR sparring
	6.- 7pm	- Teens and higher belts over 10yo
	7- 8pm	- Technique SNR
Tue -	5 - 6	-ROCKETS class
	5 - 6	-Jnr all belt levels
	6 - 7	-Bongsul Training all ages
	7 -8 pm	-Snr Taekwondo & self defence
Wed-	4.30-5	-Jnr Poomsae/creative training
	4.30-5	-Jnr ROCKETS class
	5 - 6	- Jnr ALL levels
	5 - 6	- Adult Technique class
	6-7	-Bongsul Stick training Snr
	6-7	- 10-14 yrs all belt levels
Thur-	5-6	-Jnr All belt levels
	7-8 pm	-technique - SNR
Sat-	9.20-10	-RAPTOR training
	10.15-11	-Adult Bongsul
	10-11	-Jnr General Class
	11- 11.50	-Bongsul Weaponry all ages
	12-1	-Snr & over 13 yrs technique

Time Table: **Oakleigh**

Mon-	4-5	- Junior technique & patterns
Thurs-	4-5	- Junior mitt kicking & self defence

Time Table: **St James; Brighton**

Thurs-	3.45-4.45	- Junior mitt kicking & grading work
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Not to be forgotten are the fabulous Bongsul (stick) and Kumsul (sword) achievements in 2011. Revolution has more members than most other clubs and those are also more highly ranked with members up to number 6 & 7 in stick. A black stripe is achieved after 7 and black belt after number 9. Remembering that this is a separate martial art and hence graded separately as well. It is suited for those that do not wish to do taekwondo but prefer weaponry and non-contact. We thank Ai Wei for all her hard work that also enables us to hold extra classes for members.



2012

This year we are already booked to work with the sports commission in St. Kilda and Glenhuntly and will continue in Middle Park. Oakleigh will continue to operate classes for its juniors twice a week with the option for adult classes for those interested in that venue. St James will continue to operate on Thursday afternoons and we aiming to participate in the North Beaumaris fete again in March.

Competitions will be listed regularly and those wishing to participate in creative poomsae please see Sophia for the required moves. We look forward to a busy, fun 2012.

Please note changes to the time table.

INSURANCES: It is that time of year again, insurances have been increased by Taekwondo Australia so you will notice a change in your invoice. Changes will be the standard insurance unless stated. Those competing will need sports insurance and a photo if they have not already submitted one and their invoice may need to be amended, to convert to sports later in the year will be an extra \$40.

T – shirts will be available at the club for the summer at cost of \$35.