



Revolution

Newsletter 3: 2011

Term Commences 18th July

What is New this term?

Half way through the year already, and we have seen some wonderful progress at the club in techniques and skills.

Well done to those that graded in the second last week of June: The standard was very high and we congratulate everyone that achieved their next level belt. Special congratulations to our newest second Poome; Chen Lew (jnr) and to all our new black belts: Not in order of priority:



Chen & Owen

Martin Nikolov jnr
Owen Heares jnr
Andrew Mason and son Larry Mason snr
Alex Paterson snr
Ben Wilmoth snr



Term 3 Important Dates

ALL CLASSES commence Monday July 18

*Belt Grading Saturday, Sept 17th

*Bongsul grading dates to be confirmed

*More details will be on notices up at the club

Time Table Term 3

- Mon - 9.30-10.30 - Adult grading class
5 - 6 pm - Junior grading all belts class and
- RAPTOR sparring/competition
6.- 6.45 - Teens and higher belts over 10yo
7-8pm - Technique SNR
- Tue - 9.15-10 -Adult exercise/boxing class -
fitness only (no uniforms casual attendance
welcome \$10)
5 - 6 -ROCKETS class
5 - 6 -Jnr all belt levels
6 - 7 -Bongsul Training all ages
7 -8 pm -Snr Taekwondo
8-8.55 -Bongsul Stick training Snr
- Wed- 9.30-10.30 -Adult General Tkd & fitness
4.30-5 -Jnr Poomsae
4.30-5 -Jnr ROCKETS class
5 - 6 - Jnr ALL levels
5 - 6 - Adult Technique class
6-6.50 - 11-14 yrs all belt levels
- Thur- 5-6 -Jnr All belt levels
7-8 pm -Adult shield Tkd class
- Sat- 9.20-10 -RAPTOR training
10.15-11 -Adult Bongsul
10-11 -Jnr General Class
11-11.45 -Bongsul Weaponry all ages
11.45-12.45 - Snr & over 13 General classes





This term we have seen our Dojang operating out of St. James primary school grow, and are pleased to announce that we are also teaching as a Dojang from Oakleigh Primary School, on Warrigal Rd. Welcome to all those new members and keep up the good work Dave.

In the Active after School Communities, George has been working out of Parktone twice a week and continues his good work in Middle Park. Melinda Iriyadi has been asked back yet again to help in the "Girls on the Go" program that Harrisfield Primary school offers. She is a big 'hit' there! And Dave Bourguignon has been attending to an active afterschool program at St. James Primary School as well, as teaching in Oakleigh.

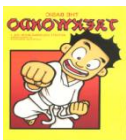
We saw competitors go to the Muye Competition on May 29th with everyone bringing back a medal!!! Revolution had members competing in both sparring and poomsae.

Please note time table changes especially for teens.

SWORD

Congratulations to those that graded for Sword (Kumsal) and Stick (Bongsul). A reminder too that those that only want to train in sword or stick need have no history nor desire to do taekwondo and can still achieve a black belt. After the first grading the member will receive a purple belt and a blue stripe on their stick. The stick and sword will mark the subsequent grading's until three black stripes are attained and then a full black belt will be achieved!

RAPTORS



Remember Raptor training is not only on Monday but also Saturday mornings at 9.30am (please be there 10 minutes earlier to gear up). The more we train the better we get. All mini raptors (those that wish to fight, but are less than 7 years of age are welcome on Saturday mornings.

Welcome New MEMBERS:

Rockets: Gabriel stein, Lauren Kenny, Daniel Deguare, Nikita St. Laurent, Ethan Rajan

Juniors: Claire Kenny, Archie Moffat, Johnathan Darki, Sarah Broderick, Eden McKinnon, Keiry

Chronis, Ronnie Garbusnik, Matthew Tu and Jae and Darcy Berry.

Seniors: Lisa Kenny, Jill Griffin and the return of Alex Tvarkovski and Kareena Tonkin

Now the colder weather is arriving, windcheaters are available for sale